



Keck Medical Center of USC

**Saturday, February 18, 2023**

Virtual Conference

7:30 am - 1:00 pm

**USC Jorge H. Mestman  
Endocrine in Pregnancy  
and Women's Health Symposium 2023**

Keck School of Medicine of **USC**

*Presented By:*

*USC Department of Medicine: Division of Endocrinology and Diabetes,  
USC Department of Obstetrics and Gynecology: Division of Maternal-Fetal Medicine  
and USC Office of Continuing Medical Education*

# PROGRAM AGENDA

- 7:30 am **Conference Login Begins**  
7:45 am **Welcome and Announcements**  
*Caroline T. Nguyen, MD and Richard H. Lee, MD*

## Session I:

*Moderators: Caroline T. Nguyen, MD and Richard H. Lee, MD*

- 7:50 am **Help! Nuances of Care for Type 1 Diabetes in Pregnancy**  
*Steven Gabbe, MD*
- 8:15 am **How Do You Do It? Management of Type 2 Diabetes in Women of Reproductive Age**  
*Alyssa Lampe Dominguez, MD*
- 8:40 am **Getting Better - Intrapartum Glucose Management**  
*Elizabeth Sasso, MD*
- 9:05 am **Questions and Answers**  
*Faculty Panel*
- 9:20 am **Break**

## Session II:

*Moderators: Caroline T. Nguyen, MD and Richard H. Lee, MD*

- 9:35 am **All You Need- Pregnancy Considerations After Bariatric Surgery**  
*Michelle A. Kominiarek, MD*
- 10:00 am **Every Little Thing- Management of Prolactinomas During Pregnancy and Postpartum**  
*Mark E. Molitch, MD*
- 10:25 am **Carry that Weight-Prevention and Treatment of Osteoporosis. What is the Relationship to Pregnancy?**  
*Braden Barnett, MD*
- 10:50 am **Questions and Answers**  
*Faculty Panel*
- 11:05 am **Break**

## Session III:

*Moderators: Caroline T. Nguyen, MD and Richard H. Lee, MD*

- 11:25 am **Let It Be? Thyroid Nodules and Thyroid Cancer in Pregnancy**  
*Trevor Angell, MD*
- 11:50 am **Hey Doc, I Want to Get Pregnant - Preconception Counseling for Patients with Thyroid Disease**  
*Caroline T. Nguyen, MD*
- 12:15 pm **I Got to Find My Baby - Fertility and Pregnancy Options for Transgender Patients**  
*Zaraq Khan, MBBS, MS*
- 12:40 pm **Questions and Answers**  
*Faculty Panel*
- 12:55 pm **Closing Remarks**  
*Caroline T. Nguyen, MD and Richard H. Lee, MD*
- 1:00 pm **Adjourn**

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# FACULTY

## COURSE DIRECTORS

### **Caroline T. Nguyen, MD**

Assistant Professor of Clinical Medicine  
and Obstetrics and Gynecology  
Division of Endocrinology and Diabetes  
Keck School of Medicine of USC  
Los Angeles, CA

### **Richard H. Lee, MD**

Professor of Clinical Obstetrics  
and Gynecology  
Director, Fellowship Program  
Division of Maternal-Fetal Medicine  
Keck School of Medicine of USC  
Los Angeles, CA

## KECK SCHOOL OF MEDICINE

### Faculty

### **Trevor E. Angell, MD**

Associate Professor of Clinical Medicine  
Associate Medical Director  
USC Thyroid Diagnostic Center  
Division of Endocrinology and Diabetes  
Department of Medicine

### **Alyssa Lampe Dominguez, MD**

Assistant Professor of Clinical Medicine  
Division of Endocrinology and Diabetes  
Department of Medicine

### **Braden G. Barnett, MD**

Clinical Assistant Professor of Medicine  
Associate Director of Fellowship Program  
Co-Director of USC Endocrine  
Services Laboratory  
Division of Endocrinology and Diabetes  
Department of Medicine

### **Elizabeth Sasso, MD**

Assistant Professor of Clinical Obstetrics &  
Gynecology  
Division of Maternal Fetal Medicine  
Department of Obstetrics and Gynecology

## GUEST

### Faculty

### **Steven G. Gabbe, MD**

Emeritus CEO  
The Ohio State University Wexner Medical Center  
Emeritus Professor, Obstetrics and Gynecology  
The Ohio State University College of Medicine  
Columbus, OH

### **Mark E. Molitch, MD**

Professor Emeritus  
Division of Endocrinology,  
Metabolism & Molecular Medicine  
Feinberg School of Medicine  
Northwestern University  
Chicago, IL

### **Michelle A. Kominiarek, MD**

Associate Professor of Obstetrics and  
Gynecology (Maternal Fetal Medicine)  
Department of Obstetrics and Gynecology  
Feinberg School of Medicine  
Northwestern University  
Chicago, IL

### **Zaraq Khan, MBBS, MS, FACOG**

Associate Professor of Obstetrics & Gynecology  
Chair, Division of Reproductive  
Endocrinology & Infertility  
Consultant, Division of Minimally  
Invasive Gynecologic Surgery  
Mayo Clinic  
Rochester, MN

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## COURSE DESCRIPTION

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This program was created and named in honor of Dr. Jorge H. Mestman, a dedicated physician, teacher and mentor to many for more than 40 years and going. His significant contributions to the field of endocrine in pregnancy continue to shape how we practice today. His philosophy of excellence in patient care and his values of integrity and collaboration are the foundation of this symposium.

The goal of this program is to provide a comprehensive and current update in the management of endocrine disease as related to pregnancy, a unique and challenging time in patients' lives. Management of endocrine disease during pregnancy has become increasingly multifaceted as new evidence-based management strategies emerge.

This program presents standards of practice as well as forward-looking perspectives representing the most current state of endocrine medicine in pregnancy. The talks focus on recent advancement and recommendations in the management of Type 1 Diabetes, including the role of continuous glucose monitors and insulin pumps, management of Type 2 Diabetes in women of reproductive age, intrapartum glucose management, pregnancy considerations after bariatric surgery, osteoporosis prevention and treatment and the connection to pregnancy, management of prolactinomas, thyroid nodules and thyroid cancer, preconception care for patients with thyroid conditions including Hashimoto's Disease and Graves' Disease, and fertility options for transgender patients.

Presentations include evidence-based medicine and expert clinical experience along with panel discussions from audience questions. The goal of this symposium is to help inform practice decisions in an era of complex clinical challenges in the care of endocrine conditions as related to pregnancy.

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## EDUCATIONAL OBJECTIVES

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By the end of the course, participants will be able to:

- Apply clinical pearls to caring for patients with Type 1 Diabetes regarding insulin requirements, insulin pumps, and continuous glucose monitors.
- Become familiar with new medical therapies for patients with Type 2 Diabetes and how to manage them in women of reproductive age.
- Examine the unique challenges for caring for patients with prolactinomas and panhypopituitarism to best optimize care prior to, during, and after pregnancy.
- Counsel and manage patients with thyroid nodules and thyroid cancer in pregnancy.
- Conduct preconception counseling with patients with thyroid disease including Hashimoto's disease and Graves' Hyperthyroidism.
- Describe prevention and treatment options for osteoporosis and relationship to pregnancy.
- Appropriately screen and optimize vitamin deficiencies in patients who have undergone bariatric surgery before and after pregnancy.

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## TARGET AUDIENCE

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This course is intended for obstetricians, endocrinologists, family medicine practitioners, primary care providers, pediatricians, maternal fetal medicine specialist, nurse practitioners, physician assistants, RNs, trainees and allied health professionals caring for patients before, during and after pregnancy.

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## ACCREDITATION STATEMENT

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The Keck School of Medicine of the University of Southern California is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

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## CREDIT DESIGNATION

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The Keck School of Medicine of the University of Southern California designates this live activity for a maximum of 4.5 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The following may apply *AMA PRA Category 1 Credit(s)™* for license renewal: Registered Nurses may report up to 4.5 credit hour(s) toward the CME requirements for license renewal by their state Board of Registered Nurses (BRN). CME may be noted on the license renewal application in lieu of a BRN provider number. Physicians Assistants: The National Commission on Certification of Physicians Assistants states that *AMA PRA Category 1 Credits™* accredited courses are acceptable CME requirements for recertification.

## REGISTRATION FORM

### USC Jorge H. Mestman Endocrine in Pregnancy and Women's Health Symposium 2023

Virtual Conference - February 18, 2023

**Tuition:** Registration closes February 18, 2023 at 9:00 am PST.

- \$150 MD/DO
- \$150 NP/PA/APP
- \$150 RN/AH
- \$50 Fellows/Residents/Students

**Cancellation:** Cancellations must be received by the USC Office of CME (fax or email) by February 15, 2023 12:00 pm PST for a refund. A \$50 cancellation fee will be applied after February 15. In the event of course cancellation by conference organizers, all registration fees will be fully refunded.

**Location:** Virtual Conference

**Register: Mail:** 1540 Alcazar Street, CHP 223, Los Angeles, CA 90033  
Mail-in registration must be postmarked by February 15, 2023.

**Online:** [keckusc.cloud-cme.com/mestman2023](http://keckusc.cloud-cme.com/mestman2023) **Visa or Mastercard only.**

**Phone:** (323) 442-2555 | **Fax:** 1 (888) 665-8650 **AMEX, Visa or Mastercard**

**Email:** [uscme@usc.edu](mailto:uscme@usc.edu)

Registration will be available the morning of the conference until 9:00 am, PST. Register at [keckusc.cloud-cme.com/mestman2023](http://keckusc.cloud-cme.com/mestman2023), Visa or Mastercard only.

NAME \_\_\_\_\_ DEGREE \_\_\_\_\_

MEDICAL LICENSE NUMBER \_\_\_\_\_

TELEPHONE \_\_\_\_\_

ADDRESS \_\_\_\_\_  
STREET

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

SPECIALTY \_\_\_\_\_

EMAIL ADDRESS\* \_\_\_\_\_

INSTITUTIONAL AFFILIATION \_\_\_\_\_

\*Registration confirmation and event reminder will be emailed.

#### METHOD OF PAYMENT:

No cash payment accepted.

- Check (Check payable to USC. Check payment must be postmarked by February 15, 2023)
- Credit Card (Mastercard or Visa online, American Express by Fax/Phone/Mail only)

CREDIT CARD NUMBER \_\_\_\_\_

EXPIRATION DATE \_\_\_\_\_ SECURITY CODE \_\_\_\_\_

AUTHORIZED SIGNER \_\_\_\_\_ AMOUNT \$ \_\_\_\_\_



COURSES ARE SUBJECT TO CANCELLATION.

# Keck School of Medicine of USC

Office of Continuing Medical Education  
1540 Alcazar Street, CHP 223  
Los Angeles, CA 90033

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U.S. Postage  
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